



## DOLORES HELEN HAMPTON

Dolores Helen Hampton was born in Englewood, New Jersey to the late Charles Milford Hampton Sr and Kathleen Steele Hampton, she is the third of four siblings, Joyce Hampton Harris, Charles Milford Hampton Jr, and Kathleen Hampton Conyers. She is a graduate of Dwight Morrow High School in Englewood, New Jersey. After High School, she attends Bergen Pines Hospital, Medical Laboratory Technicians School for one year and received a certificate. Dolores worked briefly as a Laboratory technician in New York and New Jersey before joining the US Army. She received an early out to attend college. She received her undergraduate degree in Medical Technology from Fairleigh Dickinson University, in Teaneck, New Jersey, a Master Degree in Community Psychology from Florida A&M University, in Tallahassee, Florida and attended Clark Atlanta University Doctorial Program in Counseling and Human Development.

Colonel (Retired) Dolores Hampton, retired from the United States Army in 1997. She has spent over 25 years in the military. She joined the military and enlisted as a private, was selected for Officer Candidate School and graduated as a Second Lieutenant, she was selected to attend the US Army Command and General Staff College in Leavenworth, Kansas and the Prestigious United States Army War College in Carlisle, PA.

Dolores has served in positions of leadership throughout her career. She has been a Company Commander for a 353rd Military police unit in Bronx, New York City, a Platoon Leader for a 363rd Civil affairs Command, Prisoner of War Unit, in Tallahassee, FL, Assistant Laboratory Officer, Lyster Army Hospital, Fort Rucker, Alabama Instructional Technology Training and Development Officer, TRADOC,, Fort Monroe, Virginia, Northeast Regional Director of Recruiting, Fort Hamilton, Inspector General for the US Army Reserve, Commander of the National Army AMEDD Detachment, just to name a few of the many assignments she has held.

She has published several papers, "To Conserve the Healing Strength", published April 22, 1990, US Army War College, Carlisle, PA, "Stress Management Training Program for Senior Enlisted Officers", November, 1979, Training Development Institute, Fort Monroe, Virginia. "A Survey of Preretirement Views of College Instructors", Nov 1978, Psychology Department, Florida A & M University, Tallahassee, FL.

She has received several Military Honors and Awards-Legion of Merit, Army Commendation Medal, Meritorious Service Medal w/o, Armed Forces Reserve Medal, Army Achievement

Medal, Army reserve Component Achievement Medal, Army Good Conduct Medal, National Defense Service Medal, and Army Service Medal

Colonel (Retired) Dolores H Hampton resided in Atlanta, Georgia where she is involved in many activities. She is a Member of the Alpha Kappa Alpha, Sorority Inc, The first president of the National Association of Black Military Woman, A member of Ben Hill United Methodist Church in Atlanta , Georgia, Veterans Ministry, a member of the Quality Living Services Inc, Senior Center Board of Directors, Queen of the Divine Dynamic Divas in Red Chapter of the Red Hat Society, President of The QLS Historical Society, Travel Club, Atlanta VA Medical Center Volunteer and a member of American Legion, Post 58, Englewood, NJ.